# Week 2 - January 11th - 17th Wilson Community Church



reset CHALLENGE

# 5 weeks to reset

wccnc.org/reset 🕑 #resetchallenge

#### Week 2



To start the week, on Monday through Wednesday, we will be looking at how the Bible says we should reset our relationships.

Then, on Thursday and Friday, we will turn our attention to the next sermon. How does the gospel affect the way we plan our lives? How can we reset our calendars?

# Monday, January 12th



# 1. Scripture

Read Ephesians 5:22-33

#### 2 Reflection

What is the role of the wife? If you are a woman, what does this mean to you? If you are a man, what does this mean to you?

What is the role of the husband? If you are a man, what does this mean to you? If you are a woman what does this mean to you?

What is the mystery of marriage? What does it mean to you?

#### Prayer

Pray that God would help you to understand and fulfill your role in marriage, or to prepare you for your role in marriage.

# Tuesday, January 13th



# 1. Scripture

Read Ephesians 6:1-4

#### 2 Reflection

Are you a child of a parent? How does the Bible say you are to regard your parents? Does this change if you are an adult? What if they are "bad" parents?

Find the Bible verse referenced in verse 2.

What does it mean to bring children up in the discipline and instruction of the Lord? Were you brought up that way? How would/will you raise your children and how will you apply that?

# 3. Prayer

Pray that God would help you to have a proper relationship to your parents and your children.

# Wednesday, January 14th



# 1. Scripture

Read Colossians 3:12-17

#### 2 Reflection

According to verse 12, what are we to put on? How do we apply that?

How are we to treat each other? What role does forgiveness play in our relationships to others and the Lord?

What does verse 16 mean? How would you "admonish" one of your friends?

#### 3. Prayer

Pray that God would help you to forgive others as He has forgiven you.

# Thursday, January 15th



# 1. Scripture

Read Ecclesiastes 3:1-8

#### 2 Reflection

Todays reading involves a Biblical poem. Take some time to practice prayerful meditation. Read through the verse a few times, out loud if you can. Contemplate what you are reading, and as portions of the verse start to stand out to you, begin to turn those into a prayer.

# 3. Prayer

Finish by finding a way to apply what you have read, meditated and prayed on to your life.

# Friday, January 16th



# 1. Scripture

Read Psalm 90

#### 2 Reflection

What is God's relation to time? What does that mean to you?

Our lives are marked by toil and trouble; yet we experience great joy as well. How can you number your days?

Read through the prayer at the end of the psalm. Do you believe God will do this?

### 3. Prayer

Make the prayer at the end of the psalm your own and pray it back to God.

# Saturday, January 17th



Review what you learned this week

What steps will you take to Reset your Relationships?

How are you preparing to Reset your Calendar?

Come to church this Sunday and be ready to take notes!