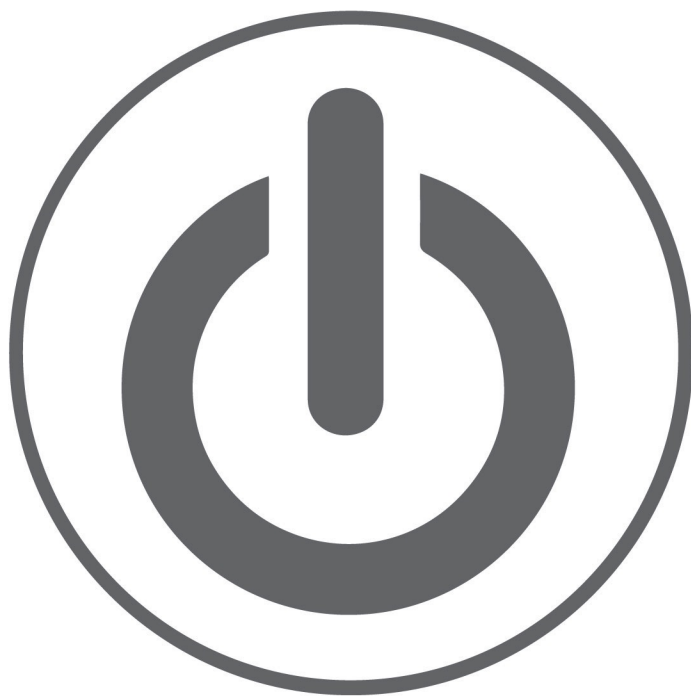


Week 3 - January 18th - 24th

Wilson Community Church



reset
CHALLENGE

5 weeks to reset

wccnc.org/reset  #resetchallenge

Week 2



To start the week, on Monday through Wednesday, we will be looking at how the Bible says we should reset our calendar, or how we spend our time.

Then, on Thursday and Friday, we will turn our attention to the next sermon. How does the gospel affect the way we spend money?

Monday, January 19th



1. Scripture

Read Psalm 39

2. Reflection

In verses 1-3 David initially tried to just bottle his emotions as a strategy to keep from sinning. What do you think finally made him cry out? Do you think he sinned in anything he said in verses 4-13?

What wisdom comes from knowing that our lives are short in the grand scheme of things? How should that wisdom change how we live?

In verses 7-11 David expresses his emotions towards God. What do you think David is reacting to?

3. Prayer

Practice prayerful meditation by reading verse 7 several times as a prayer to God.

Tuesday, January 20th



1. Scripture

Read Romans 13:8-14

2. Reflection

In verses 8-10 Paul encourages the reader to keep right relationships with others. This overlaps with the *Reset Your Relationships* topic. How do your relationships affect your calendar? How should they?

Paul uses a metaphor, darkness vs light, to provide motivation to spend our time appropriately. Have you done the Reset Your Calendar exercise yet? Pray that God would shine a light on every part of your calendar (and your life) and that you would walk according to the light, not darkness.

In verse 13, Paul lists activities he considers "works of darkness". How do those activities steal time?

3. Prayer

Pray that every aspect of your life would be influenced by the light of Christ.

Wednesday, January 21st



1. Scripture

Read Mark 1:32-39

2. Reflection

What was Jesus doing the night before verse 35? If that were you, would you have gotten up "very early" the next morning? What gets in the way of your prayer life?

What was Jesus' priority at that time? As you complete the Reset Your Calendar exercise, do your activities reflect your priorities?

What can we learn from Jesus' choice of location for his prayer?

3. Prayer

Pray over your Reset Your Calendar exercise and ask God to reveal to you where your activities might not align with the priorities he would have for your life.

Thursday, January 22nd



1. Scripture

Read 1 Timothy 6:17-19

2. Reflection

If you have ever read these verses before, have you brushed them off as not applying to you? Have you considered your financial standing in comparison to the whole world, the vast majority of the world's population that live in third-world countries?

How have you set your hopes on worldly wealth? Are you dependent on worldly wealth and the comforts it brings to give you happiness or for your emotional well-being?

What does Paul tell Timothy a better goal is?

3. Prayer

"God, grant me the ability to look to you for my hope and not the things of this world. Reveal to me where I have placed my hope"

Friday, January 23rd



1. Scripture

Read Ecclesiastes 5:10-20

2. Reflection

As you reflect on these verses, what are the negative consequences of money and possessions? Have you experienced any of these?

Do you enjoy the work you do? Are you content with your "lot in life" as the writer of Ecclesiastes says in verses 18-19?

Do you own your possessions, or do your possessions own you? (see verse 19)

3. Prayer

Pray that our souls would be released from the anxiety, worry, and stress that comes from money and possessions.

Saturday, January 24th



Review what you learned this week

What steps will you take to Reset your Calendar?

How are you preparing to Reset your Wallet?

Come to church this Sunday and be ready to take notes!