

# Learning to Pray Like Jesus prayer guíde

Week 4 - Sep 21 to Sept 27

#### Monday, September 21st

1. READ

Read James 1:13-15



#### 2. REFLECT

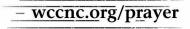
• In your own experience, how does the progression that James teaches work out: desire -> enticement -> sin -> death

#### 3. RESPOND

Confess your sins to God. Acknowledge that your sins are a product of your own desires. Ask God to forgive for any sins you have blamed on him.

## 4. RECORD

Write down the desires you have that sometimes lead you to sin. What part of those desires are good and what part lead you to sin? How could God redeem the good part of those desires if you submitted them to his will?



#### Tuesday, September 22nd

#### 1. READ

1 Corinthians 10:11-13



## 2. REFLECT

- What is one purpose of the scriptures according to verse 11?
- This is a commonly misused portion of scripture. It is popularly quoted as "God won't give you more than you can handle". How is the actual scripture different than that?

## 3. RESPOND

Thinking about the most common ways you are tempted to sin, pray that God will show the way to avoid that temptation.

# 4. RECORD

Record anything that comes to mind as a way to avoid your common temptations.

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#### Wednesday, September 23rd

#### 1. READ

Hebrews 4:14-16



## 2. REFLECT

- Verse 15 establishes that it is possible to be tempted, yet not sin. How does that play out in your life?
- In verse 16, what should our source of help be when we are tempted and weak?

## 3. RESPOND

Thank God for the work that Jesus did. Thank Jesus that he was tempted in all the ways we are and yet was without sin. Thank him that he sympathizes with us and is merciful to us.

## 4. RECORD

Write down the areas you need help overcoming temptation. Verse 16 says we can draw near the throne of grace confidently in those areas.

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#### Thursday, September 24th

1. READ

Matthew 26:36-46



### 2. REFLECT

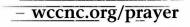
- What temptation were the disciples facing that Jesus warned them about?
- What was Jesus instruction to them to resist temptation?

#### 3. RESPOND

Pray that God would help you to defer to the spirit instead of the flesh. Pray that God will strengthen your flesh so you may resist temptation.

#### 4. RECORD

Record some ways your flesh fails you when you should be "watching and praying."



#### Friday, September 25th

1. READ

John 17:20-23



#### 2. REFLECT

• Reflect on what it would look like for believers to be in unity just like the Trinity is in unity.

#### 3. RESPOND

Pray that God would help you to be one with him. Pray for unity among believers that we may honor Jesus' final prayer before his passion.

## 4. RECORD

Write down the different aspects of God that give you hope and security today.

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#### Saturday, September 26th

#### 1. READ

Genesis 3:15



#### 2. REFLECT

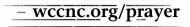
• Reflect on the fact that your relationship with God is not dependent on your ability to keep from sinning, but in the person of Jesus Christ.

#### 3. RESPOND

Thank God that it was always his plan to deliver you from your sin. Thank Christ for the passion he endured for you and the work he will do.

#### 4. RECORD

Write a note of thanks to God for the provision of his Son as the means to your salvation and relationship with him.



#### Sunday, September 27th

1. READ

Matthew 6:9-13



#### 2. REFLECT

• Reflect on those verses once again, and how your understanding of the Lord's Prayer has deepened over the last 4 weeks.

## 3. RESPOND

Put it all together. Use the Lord's model prayer as a guide and practice each movement. Start praying an upward prayer, then a downward prayer, an inward, and then an outward prayer.

On this morning, Eastgate Community Church will be officially launching as a multisite location of Wilson Community Church. Pray specifically for their service this morning and for God to use them to expand his Kingdom in Nash County.

#### 4. RECORD

Write down something that has changed in your spiritual life in the last 4 weeks as a result of prayer.

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