

# Retreat to Advance

## Paradox #5 - Pastor Jonathan Combs - June 11, 2017 - Isaiah 40:28-31

Isaiah 40:28-31 (ESV) <sup>28</sup> Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. <sup>29</sup> He gives power to the faint, and to him who has no might he increases strength. <sup>30</sup> Even youths shall faint and be weary, and young men shall fall exhausted; <sup>31</sup> but they who wait for the Lord shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint.

### Why can we wait on the Lord to receive renewed strength? Because...

#### 1. God will renew our \_\_\_\_\_.

1 Corinthians 2:16 (ESV) For who has understood the mind of the Lord so as to instruct him?" But we have the mind of Christ.

Romans 12:2 (ESV) Do not be conformed to this world, but be transformed by the renewal of your mind.

#### 2. God will renew our \_\_\_\_\_.

Jeremiah 17:5 (ESV) Thus says the Lord: "Cursed is the man who trusts in man and makes flesh his strength, whose heart turns away from the Lord."

Proverbs 3:7-8 (ESV) Be not wise in your own eyes; fear the LORD, and turn away from evil. It will be healing to your flesh and refreshment to your bones.

Matthew 11:28 (ESV) Come to me, all who labor and are heavy laden, and I will give you rest.

#### 3. God will renew our \_\_\_\_\_.

2 Corinthians 1:21-22 (ESV) And it is God who establishes us with you in Christ, and has anointed us, and who has also put his seal on us and given us his Spirit in our hearts as a guarantee. [

Psalms 23:1-3 (ESV) The Lord is my shepherd; I shall not want. He makes me lie down in green pastures. He leads me beside still waters. He restores my soul. He leads me in paths of righteousness for his name's sake.

2 Corinthians 4:16 (NLT) That is why we never give up. Though our bodies are dying, our spirits are being renewed every day.

1 Corinthians 15:42-44 (NLT) Our earthly bodies are planted in the ground when we die, but they will be raised to live forever. Our bodies are buried in brokenness, but they will be raised in glory. They are buried in weakness, but they will be raised in strength. They are buried as natural human bodies, but they will be raised as spiritual bodies.