Overwhelmed by Addiction

You Can't Handle This #5 – Pastor Gary Combs – May 17, 2020 – 1 Corinthians 6:12-20

Psalm 55:2 (NLT) Please listen and answer me, for I am overwhelmed by my troubles.

1 Corinthians 6:12-20 (ESV) 12 "All things are lawful for me," but not all things are helpful. "All things are lawful for me," but I will not be dominated by anything. 13 "Food is meant for the stomach and the stomach for food"—and God will destroy both one and the other. The body is not meant for sexual immorality, but for the Lord, and the Lord for the body. 14 And God raised the Lord and will also raise us up by his power. 15 Do you not know that your bodies are members of Christ? Shall I then take the members of Christ and make them members of a prostitute? Never! 16 Or do you not know that he who is joined to a prostitute becomes one body with her? For, as it is written, "The two will become one flesh." 17 But he who is joined to the Lord becomes one spirit with him. 18 Flee from sexual immorality. Every other sin a person commits is outside the body, but the sexually immoral person sins against his own body. 19 Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, 20 for you were bought with a price. So glorify God in your body.

We can overcome addiction as members of Christ's body because:

1. In Christ, we can stop lying to ourselves about our addictions.

John 8:44 (NLT) [Of the Devil] He has always hated the truth, because there is no truth in him. When he lies, it is consistent with his character; for he is a liar and the father of lies.

Colossians 2:8 (NLT) Don't let anyone capture you with empty philosophies and high-sounding nonsense that come from human thinking and from the spiritual powers of this world, rather than from Christ.

2 Corinthians 10:5 (ESV) We destroy arguments and every lofty opinion raised against the knowledge of God, and take every thought captive to obey Christ.

2. In Christ, we can understand the truth about our desires.

Romans 8:31 (ESV) If God is for us, who can be against us?

Galatians 5:16 (ESV) But I say, walk by the Spirit, and you will not gratify the desires of the flesh.

Psalm 37:4 (ESV) Delight yourself in the Lord, and he will give you the desires of your heart.

3. In Christ, we can avoid temptation and glorify God.

1 Corinthians 6:18 (HCSB) "Every sin a person can commit is outside the body." On the contrary, the person who is sexually immoral sins against his own body.

Matthew 6:13 (ESV) And lead us not into temptation, but deliver us from evil.

1 Corinthians 10:31 (ESV) So, whether you eat or drink, or whatever you do, do all to the glory of God.